



Center of Excellence for the Science of Happiness
Delhi Technological University
Shahbad Daulatpur, Bawana Road, Delhi – 110042



F. No. DTU/CESH/2026/Letter/208

Date: 21/04/2026

CIRCULAR

This is to inform all faculty members, students, and staff of the University that the **Science of Spirituality Meditation Centre** has been established and is now functional for use.

Venue: Room No.: SPS-09

Timings: 10:00 AM to 4:00 PM (Monday to Friday)

All members of the University community are encouraged to make use of this facility for meditation and quiet reflection. To maintain a peaceful, disciplined and conducive environment, the following guidelines must be strictly adhered to:

Do's

1. Remove your footwear outside the room before entering.
2. Maintain complete silence inside the centre at all times.
3. Keep the doors closed to prevent outside disturbance.
4. Ensure mobile phones are switched off or kept on silent mode.
5. Maintain cleanliness and hygiene with the premises.

Don'ts

1. Do not engage in conversation inside the meditation centre.
2. Use of mobile phones, laptops, or tablets is strictly prohibited.
3. Eating and drinking are not permitted inside the room.
4. Do not leave personal belongings unattended.
5. Do not disturb individuals engaged in meditation.

All concerned are requested to cooperate in maintaining the sanctity and decorum of the Meditation Centre.

(Dr. M. Jayasimhadri)
Associate Director, CESH

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Copy to:

1. PA to Hon'ble Vice Chancellor for the kind information of Hon'ble Vice Chancellor
2. PA to Registrar for the kind information of Registrar
3. All Deans/ HoDs/Directors/Branch-In-Charges-for information
4. Head (CC) with the request to upload the same on the university website
5. All Notice Boards
6. Guard file